

TWICE

Everything is done twice.

First, it is done in your mind. Then, it is done in your physical presence.

To do something you must first see it in your mind's eye, and then it is created. The key, the secret, the ingredient most missing, is the seeing in your mind's eye first.

First, one must dream, must imagine, must create, without judgment, in their mind's eye. Only then can what you dream become a reality. Only then can you do it.

Not doing anything? Not interested? Not engaged? Go into your mind, go into your dreams, let yourself be a kid to create in your mind. Create and allow yourself without judgment, without limitations, without all the 'cant's'. Age, money, knowledge, and all of these things should not stop the dreaming, the creation in your mind's eye.

If the vision, the dream, is dramatic and powerful enough, you will find a way. You will earn the money, you will learn the skills, or you will hire the skills. Age is a state of mind.

First, we must create in our minds eye. We can, and we always do. The key is to consciously create what we want and not what we think we are or what we think we deserve or what others have in their mind for us. What do we want? What feels good to us? What attracts us? What gives us energy? What empowers us? What will get us up and going with excitement in the morning? What makes us feel like a kid? These are the things we need to embrace, these are the things life has in store for us.

For years I had always had a picture of my ideal boat in my mind. Finally, I thought I saw it in a for sale listing and went to take a first hand view. As we rounded the corner, I saw her at anchor. Immediately, I knew it was the boat I had seen in my mind's eye. I also knew she was mine. Sure, I bought her, she was already mine.

What can you remember seeing in your mind's eye, and then it happened?
Once you saw it, did it not come quickly? Wasn't it easy?

It's time to live 2010 before it arrives. It's time to see in your mind's eye
what you can and will do with 2010. Create and see what you want, write it
down as a goal, and work on that which you saw, and it will come to pass.
Live 2010 now as ideally you want to see it, and then proceed to actually
live it as you saw it.

So, see it, visualize it, and then do it, allow it, accept it.