

# My Future

What does the future hold for you? Surprises? Good fortune?  
Problems?

What do you think the future holds for you? Why?

Do you go to psychics to tell you about your future? Do you want an easy way to know what your future will be? Here it is....

You create your own future. You create who and what you are: one decision, one action, and one thought at a time. You and your future are the sum total of your thoughts, decisions, and actions.

Want a bright future? **Create it.** Want prosperity? **Create it.** Want love? **Create it.**

Watch how kids create their future. They do it every day with whatever they have, wherever they are. They learn, they grow, they take charge, and they work at things until they master them.

Cameron, my grandson, wanted a juice box. So, I was getting it and started to put the straw in. "No!" he said, taking it from me. He had watched me put the straw in, and now he was taking charge to do it himself. I did not think he could do it. Wrong again. He had watched, and he knew. Now it was time for him to do it. He worked at it, and he did it.

Kids magically know that they create their own future, and they work at it. If you watch closely, you'll be amazed at how kids create their own future, their own learning, and their own doing. A kid's school is every waking hour. It's fun, and it's an adventure. We used to be the same and should be today.

Your future, where you are today, was created by you based on your actions or lack of actions over the past years. If overweight and out of shape, excluding medical issues, it may well be your eating habits and lack of exercise. If you do not have specific skills to sell for good money, then you may not have applied yourself to learning those skills.

Your future is automatic. Your future is tomorrow and ten years from tomorrow. You are always creating your future based on what you do now, today, this minute and the minutes that follow.

If you are busy creating the future you want and desire, you'll not have time to worry or fret over your future. You'll be too busy having fun creating the future that you want.

For most of us, we want, health, family, love, work, gratification, money and things. We can have all of those things if we work at them today.

If you want to live to be a ripe old age to enjoy your family, then start today. Exercise and eating right is part of the answer. No time? Well, by exercising you'll add far more years to your life than the time it takes to exercise. Your future is yours to create. You decide how wonderful, exciting, and fulfilling you want your future to be, write the steps to accomplish it (you know the steps ) and start taking those steps today. Today, right NOW.