

Fired

Have you been fired or laid off? Are you unemployed? Are you underemployed? Who and what are you?

You are not your job. You are not your position or role. You are not the money you make.

Today many people are being fired, laid off, or are underemployed. The impact on the ego and the self worth can be more damaging than the temporary loss of wages.

Our self worth is internal, and we should never let another affect the way we think of ourselves. However, most of us value ourselves based on what others say, or do. Hence, being fired or laid off can indicate we are not good enough, we did not measure up, and we failed.

Nothing is further from the truth. You do measure up, you are good enough, and this change of circumstances can truly be the best thing that has happened to you. Having nothing to do, and no where to go, is freedom to do what you are meant to do, to do what you have a passion for, and to head in the direction that is best for you.

Whenever a big adjustment comes, such as being laid off or fired, there is also a big lesson and opportunity. Sure, the glass is half empty and you need money, value, and self worth. But, the self worth is internal. Yes, you can earn the money and yes you can survive and thrive in this lull, this uncomfortable period, between jobs and paychecks.

In the future, looking back, you will see the value of what is happening now. Now it is the worst and later, it may well look like it was the best thing that could happen to you.

First, know you have value, you are value, and you are as good as anyone else. Sure, your skills are different and that is as they should be. Do not envy those who can do X as you can do Y; because they may well not be able to do Y or do it as well as you do.

The key is to do what you love, what motivates you, and what gets you bouncing out of bed in the morning. This change is an opportunity to do something you truly enjoy and are good at. That is what makes this change good and positive. You might not have taken the risk to leave on your own. Now you have had that chance given to you.

Yes, this period of lack is actually a period of great opportunity. You have the gift of time and space and can better take advantage of your dreams, and desires now. Now, you can take the risk and earn the reward.

Remember, you are your own company and your own employer. You may rent yourself out to another company or you may run your own company selling to others. You will always be selling yourself. If selling yourself to another company, it is one sale and one client. Or, if running your own company, you will be selling to many people. When in sales, we do not make every sale we attempt.

So, as in sales some people will say no. Maybe you think you failed, or were fired as they did not buy. No, they did not buy. It may be because they have a friend in the business, did not want the product, did not have the money, were not in the right frame of mind or one of many other reasons. It was their reason they said no and not you. Plus, we cannot connect with everyone.

Be thankful for the lessons learned and the lessons at hand. Make the most of them. Take the time to reassess knowing you are safe, you are protected, and you will be fine. Know that you can end up far better off than you were. Know this for the opportunity it is. Take advantage of this opportunity. Use the time with a positive focus as to what can be done, what can be learned, and where you can best invest your time.