

BE a KID

Be a Kid is a message I keep getting and getting and getting.

I have had three different psychics tell me to be a kid. The message usually comes from my mother who has crossed over. As I write this I have heard it twice this week, I need to focus on it and I thought I would share it with you.

Be a Kid. Well, we are kids or were kids.

What is a kid? A kid is:

- Young
- Fearless
- Creative
- Trusting
- Loving
- Unrestricted
- Limitless
- Abundant
- Joyous

A kid has no ego, has no concern for what others will think, and does not worry about keeping up with others. They communicate very well without words, but they sure do feel and express their feelings.

So, being a kid is a wonderful place to be. It is free and open. It is creativity and experimenting at its best. It is possibilities at its best.

A kid has creativity, takes risks, and enjoys the moment to the fullest. We were kids once, and most of us have lost that spark, that spontaneity, that willingness to just charge forward.

Today, we are bogged down with thoughts of tomorrow, hurts of yesterday, and what we are expecting or what others expect of us today and tomorrow. We are tied up with things, paying for things, earning money, and living the

fear of lack. Today we worry about what others will think. We worry about failing and too often are unwilling to take risk.

Today, we will live for tomorrow and dwell in the past. The present is lost on us. The present, the NOW, which is all we have, we are not focused on, and we lose the value and the joy of it. NOW is the only time we have to live for. It is only in the NOW that we can do it.

A kid lives in the NOW. A kid lives for the moment and creates in the moment. In many respects, kids are clear thinking. A kid has not been programmed to know they cannot do it, they cannot succeed, that no one has done it before, that it is too hard, and all of the other reasons why we do not make the attempt.

So, being a kid is exciting. Being a kid is a challenge. Can we do it? Should we do it? Would it be fun to do it?

Think of the joy you get from being with kids. Their enthusiasm is exciting, and they have us doing and enjoying things we have not done in years, if ever. Kids empower us and show us what we once were and what we can be. First, they give us energy and excitement. After a time, they wear us out, and we need a break. Who does not enjoy seeing from a kid's eye?

Throw off the chains. Be free. Be carefree. What others will think or say is of no concern. Just engage. Just play. Just create. Just be a Kid.

Just being a Kid is life itself unrestricted. Don't you want to be a kid?